Safety Bulletin

Due to the recent incidents involving social events where alcoholic energy drinks, along with other intoxicants, were attributed to causing serious health and safety concerns experienced by the attendees, UCPD, in partnership with Party Safe @ Cal, is issuing the following safety bulletin to inform and bring awareness to our campus community on ways to help an intoxicated person and provide a checklist as a resource for social event hosts.

Helping an Intoxicated Person
If you’re unsure of how to help – don’t waste time – get help by calling 9-1-1.

Look for signs of alcohol poisoning
- Cold, clammy skin
- Unconsciousness
- Slowed or irregular breathing
- Puking, particularly while passed out
If ANY of the signs are evident call 9-1-1 for help immediately.

Health and Safety are #1 Priority
- Stay with person – Don’t leave them to “sleep it off”
- Ensure they rest on side to prevent choking on own vomit.
- No food, drink, or drugs if they’ve vomited in the last 2 hours – it can cause vomiting or choking.
- Keep them still to avoid injury – No walking or standing without assistance; Do not let them leave or drive if they may cause harm to self or others
- If injured, violent, unruly or need transportation - Call 9-1-1

If you are unsure about someone’s condition, Call 9-1-1
From cell phone - 510-642-3333 (UC Police) or 510-981-5911 (Berkeley Police)

Checklist for Party Hosts

Hosts are accountable for party conduct and safety. Parties can range from 3 to 250+ people. All these concepts, if not the full scale practice, are relevant for gatherings of any size.

√ Be a Good Neighbor
- Do you know the policies and laws about alcohol, parties, and noise that are relevant?
- Have you considered, talked and negotiated with neighbors about timing, noise and activities?
- Did you exchange phone numbers?
- What’s your clean-up plan?

√ De-Focus on Alcohol
- Is the party being described/promoted with themes not centered on alcohol (related décor, food, music, costumes)?

√ Contain Access to Party
- Are fun, social, and slightly thrilling activities other than drinking planned?
- Are different areas clearly set out for different types of activities (dance, social, beverages, other)?
- What food and non-alcoholic drinks will be served?

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• How are perimeter /entrances & exits for the party controlled?
• What’s your plan for preventing overcrowding inside and/or spillover and loitering outside?

√ Limit Access to Alcohol
• Is valid ID showing age required for access to alcohol?
• What procedure will identify guests over 21?
• Are areas associated with the party monitored (yards, balconies, parking lots)?

√ Discourage Intoxication
• Is food served that is not just of the sweet and salty variety?
• Is there enough food for everyone?
• Are there appealing non-alcoholic drinks available in the same way as any alcohol?
• Are low-alcohol beverages available?
• Is alcohol being served/monitored (vs. self-serve)?
• Are drinking games discouraged and/or prohibited?

√ Reduce Harm
• Are sober hosts present and visible?
• Is alcohol refused to intoxicated or impaired people?
• Do hosts interrupt and effectively address disruptive/inappropriate behavior?
• Is “end time” set for the party (music volume reduced and alcohol service stopped an hour earlier)?
• Do hosts prevent guests from leaving if they are too intoxicated to care for themselves?
• Have personal possessions/furniture been removed from area to avoid theft and/or damage?
• Are “Helping an Intoxicated Person” signs posted in key places at the party? (contact Party Safe @ Cal for details)
• Are hosts prepared to call for help if trouble or medical emergency occurs?

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